

# Norwich Bulletin and Confidant

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Norwich, Monday, March 21, 1910.

## The Circulation of The Bulletin.

The Bulletin has the largest circulation of any paper in Eastern Connecticut, and from three to four times larger than that of any other. It is delivered to over 3,000 of the 4,053 houses in Norwich, and read by ninety-three per cent. of the people. In Windham it is delivered to over 900 houses, and in Putnam and Danbury to over 1,100, and in all of these places it is considered the local daily. Eastern Connecticut has forty-five towns, one hundred and sixty-five postoffices, and forty-one rural free delivery routes. The Bulletin is sold in every town and on all of the R. F. D. routes in Eastern Connecticut.

### CIRCULATION

1901, ESTIMATED 4,612  
1905, ESTIMATED 5,920  
March 19, 1910, 7,633

### NOT ENDORSED SOUTH.

The attitude of the governor of Georgia and the people of Atlanta toward Peary was a surprise to him as it was to the whole country. Governor Brown declared to introduce Peary to his audience, and in a letter of explanation issued to the public, said: "It is up to Peary to explain how Cook's story can be false and his identical story can be true. A Georgian people will not accept his smile as proof that he is not as great a fakir as he charges Cook to be. Peary and Cook tell the same stories about finding the pole, and, like the identical twins, they must live together or die together."

Peary did not have a large audience; and when it was all over the simply said that he had known the feeling in Atlanta he would not have looked to lecture there.

The demand having been made that Cook should prove he had been there, there can be no serious objection to the same conditions being applied to Peary. Congress has a right to require proof—Commander Peary had a right to withhold it—but if national recognition and reward are essential to his fame, he should have been able to furnish the evidence upon which Congress must base its action.

### SHORN OF HIS POWER.

The Old Third congressional district finds no little delight in the fact that Congressman Higgins joined the insurgents against the tyrant Speaker Cannon and did his part toward changing the committee on rules and barring the speaker from membership. It was a hard-fought battle and is highly creditable to the republicans who carried it to a conclusion. Those who are opposed to the Hon. Joseph Cannon because of his arbitrary rulings and mistakes cannot help admiring him for the stubborn way in which he met the assaults and strove to overcome them.

No one is to blame for Speaker Cannon's loss of power or his general bad repute in all parts of the country but himself. He has openly stood for vested interests when it was not popular to do so, he has punished members by arranging persecuting committees and by removing members from honors which they deserved, because they would not do his bidding. He was a "ear" far below the Tom Reed type; and there is no class more pleased with the result of this great conflict than the republicans in all parts of the country outside of the Eighteenth district of Illinois.

This result means that Speaker Cannon, who is likely to be returned to congress in November, is not in line for the speakership. The bell for his complete retracing from power has been rung.

### WOULD REVIVE THE CURFEW.

Mrs. D. M. A. writes The Bulletin: "I was very glad to know that teachers of the parochial school read the article in the paper of Monday morning concerning the curfew law. Judge Brown of the juvenile tribunal cases. Why don't others do the same? I would like to have a curfew law, day and evening. Can there not be something said in the papers? Some don't know what it means the law, the curfew. I enjoy reading very much The Bulletin daily, besides other papers, "Norwich, March 18, 1910."

This good old mother in Israel is not the only person in Norwich who feels that with reference to juvenile care the municipal government should be more paternal—that children between 6 and 12 years of age should be under some restraint. The night prowling children have attracted public attention for years, and it is from their ranks the juvenile criminals are recruited. The cause of their early ruin is really outside of and prior to moving-picture influences. Bad boys could take a cue from moving pictures or a play—well principled boys will not. These boys who have no parental care—who are in the streets till late in the evening, not only deserve to be arrested and taken into police headquarters, but their parents should be called in and reprimanded. The responsibility for street gamins and what rats should be put upon their parents; and if they will not care for their children they should be punished.

When Taft told the Hibernians of Chicago that Shogun was the genius of the civil war there was no cause for dispute. It was a nice thing for him to say to them—there were other military geniuses.

Dr. Hillis is authority for the statement that in Cromwell's time everybody got drunk once a week. This shows the world has almost reached the age of sobriety.

## AN EXPENSIVE SYSTEM.

Commissioner MacDonald still believes in the Connecticut system of building roads, and he has opened the road season and also the season of 1910 politics by re-asserting his belief that the state is getting all that it is paying for. In a recent address in Willimantic he is quoted as having said: "The system is all right. Connecticut is a conservative state. We want to go slow, but be sure we are right. With an appropriation of \$4,500,000 to one million population Connecticut is putting more per capita into road building than any other state in the union. This scheme of roads is not laid out for a certain few. This money is going to be spent in all parts of the state and not in any one or two small areas. No clamor or criticism is going to make me spend this lot of money until I am satisfied that I know I am going to get full value for it. This money was appropriated for a specific purpose—to be divided equally around all sections of the state."

Mr. MacDonald has put the financial end of the road questions more forcefully than we have ever seen it before. When he shows that Connecticut is spending \$4.50 per capita for the building of good roads he brings the problem right home to the taxpayers, for \$4.50 per capita means very much more than it does to the taxpayer. —The Ansonia Sentinel.

The fact that the building of good roads is expensive is no new discovery; and it has long since been decided that they are worth all the cost to the community. But the tax is upon the wealth of the state, and this per capita does not mean that the small household with a wife and five children is paying \$31.50 as his portion of the expense, since he knows well enough that his entire tax is not two-thirds this average amount. These averages are all right in a way; but all wrong when misinterpreted. State Highway Commissioner MacDonald is going right on building good roads, and he is going to see that the contractors do not palm off "bum" work on the state, and that automobilists with their heavy machines and high speed do not tear these roads to pieces without bearing a full share of the expense. Mr. MacDonald is looking sharp after the welfare of the people and the interests of the state.

### WANTS HIM HELD.

Sheriff Sidney E. Hawley did a remarkable thing recently when leaving Joseph Marok at Wethersfield to serve the 40 years sentence imposed upon him for his attempt to kill Annie Moskili by throwing her down a well at Fairfield. Sheriff Hawley filed a request that Marok serve the whole 40 years owing to the atrocious act he committed. —Norwich Hour.

This may have been a remarkable thing for Sheriff Hawley to do, but it was a just thing. Joseph Marok did a thing which questioned his sanity. Throwing a deceived bride into a well to die after having robbed her of her money shows a nature so monstrous that it must ever be distrusted. His horrible method of ending the life of another doesn't call for leniency, and it was in good form for Sheriff Hawley to put himself on record in this matter.

### EDITORIAL NOTES.

Many a glassed egg gives evidence that it was lost and found; but not found soon enough.

An Oklahoma herd of cattle has been sold at an average of \$100 a head. The stock raisers make no complaint.

An Ohio centenarian attributes something of his longevity to the apple he ate every night before he went to bed.

When strikes are conducted with common sense they may confidently be expected to be uncommonly successful.

The very fields seem to be settling down as if they understood that the approaching baseball season requires it.

The ground hog's winter has closed and we were reminded Sunday that the bluebird's spring has begun business.

Attention is being called to the fact that the author of "My Wife Has Gone to the Country" has been divorced.

The ending of the 60-day boycott hardly attracted any attention. How could it, when beef had just taken another rise?

Secretary Ballinger's satiric definition of the insurgents—as a cow looming large on the plains—does not look so well, now.

The sun crosses the line today and the prevailing wind will be the prevailing wind until September 21st. What will it be?

Happy thought for today: When a man gives an opinion of his enemies it is seldom accepted as a true certificate of their character.

Banker Kuhn of New York pays a half-million for a portrait of himself by Franz Hals. He must admire himself in oil, mightily!

John Bull is awake to the thought that the treating of the suffragettes like drunks and bums is not progress. He promises to do better.

If pork is worth \$11 a hundred pounds, the end-seat hog will not be held in any higher esteem when the trolley cars get to business.

An Editor's Discovery. Everybody, if they meddle around this country long enough, will make a bad break. I've got mine. In a rash and ungoverned moment I announced that my longing desire was to lead a mob that would hang the fellow who invented the "Nobly loves a fat man" post card. Bitterly have I regretted that sad event. Intoxicated with egotism and swelled up with complacency I had the wild idea that I would crush the whole world with a few coarse words. But, alas! How little I knew the temper of the people. Since that foolish view my mail has contained nothing but old "fatty" post cards. They are even poked in under my door by night and slipped into my overcoat pocket in the day time. They are enclosed in envelopes and coolies and in a daily paper. Even my eyes have taken to fooling me. When I start to look at the funny pictures in the paper, these pictures begin to change instantly and I see nothing but a string of "Nobly loves a fat man." I know that I am a goner. I saw a couple of the deacons in my church looking at me the other day, and they were whispering that means my finish. I am at the mourners' bench and sobbing out my penitence, but the heart of humanity was turned to stone. Post cards don't lie.—Osborne (Kan.) Farmer.

## Woman in Life and in the Kitchen

### HEALTH AND BEAUTY.

Tea and coffee taken in excess can also give rise to chronic gastric catarrh.

Where nourishment and health are concerned, laughter and good will are vigorous promoters of the digestive functions. The court jester was a valuable piece of domestic furniture in olden times, and a good-natured and cheerful guest, who keeps up a lively and entertaining conversation at table, does more to aid digestion than all the nostrums ever invented.

In case of a hand or foot being frost bitten or frozen, do not apply anything warm or stimulating, or bring the patient in a warm room suddenly. Rub the parts gently with snow or water as has been suggested, endeavoring to bring the blood to these parts by gentle friction or massaging. Avoid a violent reaction; relative warmth is required, not the other extreme, which is most injurious.

A physician once told a young woman who asked how to keep down her fast-increasing flesh to "eat bread and meat." Then he went on to say that it is the sauces, the vegetables dressed with butter, the cream in the coffee, the dessert and the sweets that make flesh. A quantity of sugar is actually necessary to perfect health and a woman may well eat a few bits of good candy every day directly after a meal.

Almond milk as a skin food and lotion is highly extolled and while not easy to make can be accomplished even by a housewife. For this 30 good-sized almonds are blanched and broken. A teaspoonful of granulated sugar is then added to them and well mixed. Rose water is slowly worked over, pounding all the time. The object is to reduce the nuts to the finest powder. They should be in glass or china while this is done. Only a few drops of rose water are put in at a time. When all the liquid is finally in the lotion stands for 24 hours and is then strained. It is used as any cold cream.

### NEEDLEWORK SUGGESTIONS.

Paris Transfer Pattern No. 8152. Poinsettia design in breeding for hat. This is to be transferred to linen, lawn, cambric, batiste, silk or similar material. Soutache braid is used in working up the design. The scalloped edges are heavily padded and worked in the buttonhole stitch. The trim, which measures 18 inches, may be made of lace or silk. A fringe of lace edging is put around the brim under the scallops. Price of pattern, 10 cents. Order through The Bulletin Company, Pattern Dept., Norwich, Conn.

Paris Transfer Pattern No. 8155. Two belt designs to be transferred to white or colored fabric. Any wash material of which belts can be made. One of the belts is worked in violet embroidery and the other is braided, soutache braid being used in white or colors. Small eyelets are worked at the front through which the belt is passed. The belt is used to hold the belt in place at the front. Price of pattern, 10 cents. Order through The Bulletin Company, Pattern Dept., Norwich, Conn.

An authority on sponging materials advises cutting, or rather snipping, all along the selvage edges of the cloth to be sponged before wetting. Instead of the usual method of laying the material flat and rolling in a damp sheet, lay the goods, if single width, face down and fold them in half. If it comes from the store on a blanket, cover with a damp cloth and press with a hot iron. There must be no uneven places or the result will be a glass in spots. Take away the dampened cloth and iron the material until dry. Do a small piece at a time.

The aeroplane waist is an innovation that should find favor at present, because it will be useful in such a variety of ways. At midseason one's pretty blouses or light frocks are apt to look passé; perhaps soiled, too, and then the aeroplane jumperlike waist is a godsend. It is simple of construction. Just a jumper cut out at the neck with loose bell sleeves in one with the waist, the back portion of the latter being cut with two long extensions. These are then again cut in around the body like a giraffe and tied in a bow on the left side. Chiffon, chiffon cloth and thin silks are all appropriate.

One of the most effective waists embroidered at home or by an expert has been made by a college girl. A fine braiding pattern was chosen and the lines were worked in the "big needle" or open farthing stitch which one finds on old samplers on some fine handkerchiefs and other linens. The work is done with a needle that comes for the purpose, known as the "ragging" needle with No. 100 cotton. It is unnecessary to add that the fine thread has to be tied into the eye of the coarse needle. Many of the patterns stamped in art needlework departments are made more effective by working certain of the stems or lines in this way, while the rest of the work is of the convent kind.

Heidelberg Carrots. Wash and scrape three medium-sized carrots, cut into pieces about an inch and a half long, then into slices lengthwise, and then again into thin strips about like matches (cutting them in thin round slices is just as well and possibly better). Put them in cold water for a few moments and then cook in boiling salted water, barely enough to keep from burning. They will cook tender in 20 or 30 minutes. For about one pint of the carrots allow one teaspoon each of butter and flour creamed together, stir it into the boiling liquid. There should be but a few spoonfuls, but by tipping that there can be a good deal of butter. For about one pint of the carrots allow one-half teaspoonful of salt and a little pepper, let it boil about five minutes, then sprinkle with parsley, using about one teaspoonful in all. Be very careful not to burn, and this should be very delicious.

Extra Fine Doughnuts. Two eggs, one cup of sugar, two tablespoons of melted butter, salt, two scant cups of sour milk, a half teaspoonful of soda, a half teaspoonful of nutmeg, flour to roll, not too hard—that is, do not make the dough hard, but roll as hard as you please. Fry in smoking hot lard.

Eat Apples. Few realize the efficiency of apples in throat disorders and indigestion. Apples contain more phosphoric acid than any other fruit, and everybody ought to know that the best thing they can do to promote the action of the liver and thereby secure sound sleep is to eat an apple before going to bed.

Apple puddings of all kinds, apple sauce or salad of apple and celery for lunch, baked with cream for breakfast, any kind and all ways the apple is the old standby which, for health's sake, we cannot afford to do without.

A Season of Shades. This is a season of many shades, a season when fabrics in silk have their counterparts and namesakes in cotton and wool, silks and cottons, and silks and wools. Take the single fabric known as crepe de chine in its original state it was only of silk, but now it is manufactured in cotton, in silk and cotton, and in silk and wool. It is not embroidered and printed, and woven in two colors of iridescent. And other materials have undergone the same metamorphosis. There are shadewool, foulards, crepe, cashmere, iridescent, satin-faced and silk and cotton foulards. A marvelous array, and not one of the family may be neglected, for each has its own claim to beauty.

Lentil Soup. Half a pound of lentils, three pints of water, three stalks of celery, three sprigs of parsley, one onion, one tablespoonful of butter, one tablespoonful of oil, one cupful of milk blade of mace, two bay leaves, one teaspoonful of white pepper, one teaspoonful of salt, half a cupful of cream. Wash lentils thoroughly, put into a saucepan with the water, bring quickly to the boil, and skim well; then the celery, parsley, onions, mace, bay leaves and whole peppers, simmer slowly for an hour and a half. Melt the butter in a saucepan, stir in the flour till smooth, add the milk and boil for five minutes. Strain the soup, add it to the milk, also the salt; reheat and serve. If the cream is used this must be put into the tureen and the soup poured over it.

New Place for Monogram. The monogram is found in many places. The latest is the sleeve of a blouse. It is worked on a sleeve about an inch and a half above the cuff. The faded is confined mostly to wash blouses, when it is done in mercerized cotton.

The style of the monogram depends entirely upon the taste of the wearer. A white blouse trimmed with colored embroidery, as many are this season, would look well with the monogram done in colors.

The Tablecloth. When not in use a tablecloth should be kept in folded corners and when brought out to be spread should be laid on the table unfolded its entire length, the width being doubled, with the center creases along the center of the table.

Then the half breadth that is folded should be turned back and the cloth will hang even.

Careless servants often gather up a cloth "anyhow" without taking the trouble to fold it up again in its own creases, and thus fresh ones are made.

A tablecloth will keep fresh looking as long again if it is always folded up in its own folds and put away until the next meal.

The French have a way of making even an inferior quality of table linen look like the best.

When the napkins are washed and ready to be ironed they are dipped in boiling water and partially wrung out between cloths.

They are then rapidly ironed with

## HOME GARMENT MAKING.

The Bulletin's Pattern Service.



LADIES' SEMI-PRINCESS DRESS.

Paris Pattern No. 3220—All Seams Allowed. Made of blue and white foulard, with the sailor collar faced with blue silk, this dress is charmingly effective and springlike. It will be noted the panel effect is visible in the waist as well as the attached nine-gored skirt, and this feature offers great opportunity for hand embroidery when the design is developed in wash materials, or these portions may be made of all-over embroidery with great success. The high-up sleeves are finished with the new gauntlet cuff, which can be closed with buttons and buttonholes if desired. The pattern is in five sizes—32 to 40 inches, bust measure. For 36 bust the dress is 8 1/2 yards of material 36 inches wide, with 1/2 yard of silk 20 inches wide. Width of lower edge about 3 1/2 yards. Be sure to give accurate measurements. Price of pattern, 10 cents. Order through The Bulletin Company, Pattern Dept., Norwich, Conn.

Salt Codfish Fritters. Let one cup of corned codfish stand over night in cold water. Drain and remove all water by squeezing the fish in a cloth; add four beaten eggs, a cup of milk and half a teaspoonful of black

When the doctor says you must take Cod Liver Oil he means Emulsified Oil and not the crude oil which is very heavy and hard to digest.

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A&P Easter Bulletin for Week Commencing Monday, March 21st

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pepper, and mix thoroughly. Cook by spoonfuls on a hot, well-oiled griddle. Serve from the griddle.

Creamed Corn Codfish on Toast. Let one cup of corned codfish stand in cold water an hour or more. Prepare a cup of cream sauce; when boiling add the fish wrung dry in a cloth, half a teaspoonful of black pepper and one or two "hard-cooked" eggs, cut in small cubes. Have ready four slices of toast; dip the edges in boiling salted water, set on a low dish, spread lightly with butter, pour over the fish and serve at once.

Uses for Salt. Strong solution of salt and water for sprains and bruises. Strong solution of salt and water for sore eyes. Strong solution of salt and water for sore throat. Strong solution of salt and water for cold in head. Strong solution of salt and water for setting color in cotton material. Strong solution of salt and boiling water for neuritis. Mixed with white of egg if applied at once will stop the growth of felon. Strong solution of salt and boiling water for neuralgia. Mixed with vinegar it is excellent for cleaning copper utensils. A pinch added to cream will make it whiter more quickly. A pinch added to cake and candy improve them. Salt and lemon will often remove ink stains. Salt and lemon will often remove iron rust. Salt and lemon will remove discoloring from marble washstands.

Candied Sweet Potatoes. Cold sweet potatoes cut in thick, longwise slices may be made into candied dainties for lunch. Dip them in olive oil and then sprinkle thickly with sugar and bake in the oven for about ten minutes and they will be a dark brown and very scrumptious.

The Back of a Gown. The back of a gown should, if possible, look better than the front. Almost anybody can look well in front, but how many rear views of frocks are perfect? Also it is a fact that the back is usually more carefully scrutinized than the front. It is seldom possible to search the front of a costume for details while the wearer is looking at one.

So it is with evident pleasure that women study the back of a gown at an afternoon tea or on a shopping tour. Moreover, it is a fact that a good back line and a good figure in the back than it is in front. There is less chance for kindly fulness and shielding drapery.

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Velvet Necklet. With the low-cut blouses and the Dutch necks dominating waist styles, women speedily discovered the attractiveness of the velvet ribbon band about the throat.

A distinct novelty embodying the idea is the band made over a thin strip of spring steel.

This can be sprung around the throat on the same principle as the trouser guards that the cyclist used to wear.

Most of these are ornamented with bows or buckles or tiny pendant tassels and give a distinctive touch to the costume.

Zibeline for Suits. The excellent qualities of zibelines have been noted, but those already made up in early spring suits are worthy of special mention. The belted coats having separated revers that will reveal the jabot between is a most often seen.

There is also a zibeline known as a very excellent material to drape. It is used in making evening dresses. The two materials are unlike.

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